

Confirmation Ideas



Session one - About me - Introduction page

Front page showing who is getting Confirmed.

Name and age with a variety of pictures



My Family

Information about the child's family with a description about family members.

Including a range of pictures and info.

Task: Child led - 'My personal recipe for a happy family'.

Childs thoughts on what makes a happy family in the style of a set of recipe instructions.



Session Two - What makes me Special!

Each and every one of us has a special talent and skill. You will never know how good you might be at something unless you try it! You probably have all sorts of talents you do not even know about!

Task: List the talents and skills you have - decorate and make these talents pop out of your book!





Session Three - How I praise and serve God.



The Best

*"Look at me", said the hawk,
"I can fly up so high
That I quite disappear
In the blue of the sky."*

*"Look at me," said the gull,
"I can dive in the sea.
I can hunt a fat herring.
Look here! Look at me!"*

*All the other birds chirped,
"Look here! Look at me!
I am surely the best bird
You will ever see. "*

*But the Wren sat alone
And said, "I'm not the best,
But I know how to build
The most beautiful nest.
And my song isn't sweet
But I'll try as I can
To give glory to God
And give pleasure to man:
And I know that the One
Who first drew the world's plan
Will bless me for doing
The best that I can."*

We all give thanks to God and serve him in many of the actions we perform every day.
Every one of us is different.

Task: Copy the poem above into your scrap books (use two pages if you need to).
Add some decorations to make it really stand out!

On the same page think of the ways in which you praise and serve God. Write down some of the things you do which demonstrates how you do this. You might go to Mass, sing, play games, help others, play an instrument or others talents and activities you get involved in.



St Francis Xavier
Catholic Primary School

Session Four - The Seven Sacraments:



Sacraments are very beautiful and powerful signs of God working within us. In the sacraments we meet Jesus who helps us to work for his Kingdom.

There are Seven of these sacraments; special signs through which we meet Jesus at important times in our lives.

Task:

Use a whole page to celebrate your First Holy Communion. Include information about what happened, where it was and who was involved – it would be great to see any pictures of you taking this sacrament, have you changed much?

On a separate page include information on the other sacraments – decorate and give a brief description about each one.

Holy Orders, Confirmation, Marriage, Baptism, Reconciliation, Sacrament of the Sick.



St Francis Xavier
Catholic Primary School

Session Five - The Pope and Bishop David McGough



The word Pope comes from the “papa” which means father.

The Pope is the head, or father, of the whole Church on earth. He is the chief bishop in the Church, the successor to St Peter, the first Pope.

Task:

Create a page dedicated to Pope Francis. What has he done during his time as Pope and can you find any interesting facts about him?

On the other page create a Fact File on Bishop David McGough. He will be performing the Sacrament of Confirmation – what do you know about him, can you find anything out?



Session 6 - Cardinal Virtues – How do we show these in our life?



A virtue is a certain way of behaving which God asks of us. If we really try to behave in this way we will be seen as followers of Jesus.

There are four important virtues that we should try to make part of our lives – called Cardinal Virtues (because other virtues hinge on them).

Courage – helps us to channel our feelings in the right way in order to face up to and deal with difficult situations

Justice – helps us to be fair in our dealings with others. A Christian always tries to act with Justice.

Good Sense – is thinking about something really carefully before we act.

Self - Control – is the ability to control all our desires. Showing self-control means thinking about the needs of others.

Task: Using two pages, show how you have shown these four virtues in your life so far. Can you recount the tale or even get others to write in your scrap book detailing when they have seen these virtues in you.



Session Seven - Holy Spirit – What it means to you?



The Holy Spirit is the greatest of all gifts, the gift of God's own self. Through him we are given "*everything that is good*". When we in turn are generous with our gifts, he will bless and increase them so that we have even more to give.

Task: Write a prayer asking the Holy Spirit to guide, teach and help you. Write and decorate a page dedicated to this prayer – would you be confident to share this prayer with the class during the preparations toward Confirmation?



Session Eight - Seven Gifts



During the Confirmation ceremony, the Bishop says the following:

“All powerful God, Father of our Lord Jesus Christ, by water and the Holy Spirit you freed your sons and daughters from sin and gave them new life. Send your Holy Spirit upon them to be their helper and guide.

Give them the spirit of the wisdom and understanding, the spirit of right judgement and courage, the spirit of knowledge and reverence.

Fill them with the spirit of wonder and awe in your presence.”

The gifts are the ones originally needed by the Messiah or King, which God would send to his people. The gifts of the spirit which are received in Confirmation are those which the prophet Isaiah saw as the qualities of the Messiah, the leader of God’s people.

Task: Decorate two pages of your scrap book highlighting the gifts you will receive during Confirmation.

Wisdom, Right Judgement, Understanding, Courage, Knowledge, Reverence, Wonder and Awe in God’s presence.



Session 9 - Fruits of the Holy Spirit



The best way to know when the Holy Spirit is around is to look for the signs of his presence bearing fruit in people’s lives. Whenever we see these fruits in people, we know that he is active in their lives.

Peace, Joy, Love, Kindness, Patience, Faithfulness, Self-Control, Goodness, Gentleness.

Task: Choosing one (or more) of the fruits, create an acoustic poem with each line starting with a letter from the word. Make sure it fills a page – use the other gifts to decorate the rest of the page!



St. Francis Xavier
Catholic Primary School

Session Ten - Symbols of Confirmation – Fire and Wind



As a welder unites or joins together two pieces of metal, so the Holy Spirit unites all his gifts within us so they work together all the time.

*Come Holy Spirit
Fill the hearts of your faithful.
Enkindle in them
The fire of your love.
Send forth your spirit and they shall be created.
And you will renew
The face of the Earth.*

As fire attracts, so people who are warm and loving make others want to get to know them.

Every detail of nature can give us an idea of the depth and beauty of God. The wind blowing through the trees, for example, or the power of a storm.

Task: Using two pages, incorporate the quote above to highlight the Fire element of Confirmation and dedicate a page to Wind. Include information about the two elements which we can relate to the Holy Spirit.



St. Francis Xavier
Catholic Primary School

Session Eleven - The Beatitudes



*"Blessed are the poor in spirit,
for theirs is the kingdom of heaven.*

*Blessed are they who mourn,
for they shall be comforted.*

*Blessed are the meek,
for they shall inherit the earth.*

*Blessed are they who hunger and thirst for righteousness,
for they shall be satisfied.*

*Blessed are the merciful,
for they shall obtain mercy.*

*Blessed are the pure of heart,
for they shall see God.*

*Blessed are the peacemakers,
for they shall be called children of God.*

*Blessed are they who are persecuted for the sake of righteousness,
for theirs is the kingdom of heaven."*

Task: Use two pages, draw an outline of each of your hands (you may need help on this). Your hands are one of your most used tools throughout your life. The Beatitudes were given to us by Jesus as a guide on how we should be living our lives. In and around the outline of your hands, include the beatitudes and decorate them to highlight their importance.



St Francis Xavier
Catholic Primary School

Session Twelve - What is in a name?

Saints name



In Confirmation, the Bishop will call you by the name you have specially chosen. When you choose a new name you will be in good company with many famous Old and New Testament characters who did the same.

You should have already considered your Confirmation name and have good reasons for choosing it.

Task: Using these two pages, show your chosen name with plenty of decoration. Write down information and characteristics of that Saint and also include reasons why you have chosen this saint as your Confirmation name.



St Francis Xavier
Catholic Primary School

Session Thirteen - My Sponsor



It is the role of your sponsor to continue the guidance and support already given to you by your parents. Your sponsor will be a source of strength and wisdom in the times ahead and will also help you prepare for the sacrament of Confirmation.

Task: Use the next page(s) to provide information about your sponsor. Who are they? What do they do? How are they going to help you prepare for Confirmation?



St Francis Xavier
Catholic Primary School

Session Fourteen - My Prayers and thoughts



The final pages of your scrap book are all for you. Use these pages to write any prayers you would like to say to God. Collect and write down any thoughts about your journeys to come and the special evening in June for your Confirmation. Make them as decorative and colourful as you can!