

# Good To Know

24<sup>th</sup> April 2020

## Working with Families News

News:	For more info:
<p>For the latest advice about the <b>coronavirus</b> and the services, advice and support that are available through the Council please refer to the main Sandwell council website.</p> <p>Sign up to <b>receive email updates</b> about how the Council is responding to coronavirus.</p>	<p><a href="https://www.sandwell.gov.uk/coronavirus">https://www.sandwell.gov.uk/coronavirus</a></p> <p><a href="http://www.sandwell.gov.uk/emailupdates">http://www.sandwell.gov.uk/emailupdates</a></p>
<p>The Parent Support Team are offering access to distance learning for moms-to-be using the <b>Changes Antenatal</b> materials. Please signpost to our online booking system for more details.</p>	<p><a href="https://bookwhen.com/changes">https://bookwhen.com/changes</a></p>
<p>Some online content from the <b>Changes programme</b> is now available. We're also working on electronic versions of the handbooks so will let you know as soon as they are available.</p>	<p><a href="https://www.healthysandwell.co.uk/parenting/">https://www.healthysandwell.co.uk/parenting/</a></p>
<p>We know many families are juggling parenting and home-schooling duties alongside home working. <b>Sandwell Children's Safeguarding Partnership</b> has launched a new campaign to help keep young children safe in and around the home.</p>	<p><a href="#">key tips to prevent accidents</a></p>
<p>The <b>Breastfeeding Network</b> are offering support via video conferencing and telephone.</p>	<p><a href="https://bookwhen.com/changes">https://bookwhen.com/changes</a> 07505 775357 call anytime and leave your details</p>
<p>The <b>Baby Check</b> features 19 simple checks that parents can do if their baby is showing signs of illness. Each check tests for a different symptom and when completed, a score is calculated that tells parents or carers how ill their baby is. The app then lets parents know whether their baby needs to see a doctor or health professional.</p>	<p><a href="#">Baby Check App</a></p>
<p>Maternity Unit's across the UK are seeing a fall in the number of women calling with concerns. The <b>#KicksStillCount</b> Campaign is being supported by midwives UK-wide, and a few famous faces too. Can you please share on your social media platforms.</p>	<p><a href="#">KicksStillCount</a></p>
<p>Public Health England have launched a new campaign <b>Now More Than Ever, Every Mind Matters</b> to support people to manage their mental wellbeing during this difficult time.</p>	<p><a href="#">Every Mind Matters</a></p>

<p>In response to the potential increase in <b>domestic abuse incidents</b> as a result of the lockdown caused by COVID19, a multi-agency West Midlands wide campaign has been launched promoting information resources</p>	<p><a href="https://noexcuseforabuse.info/">https://noexcuseforabuse.info/</a></p>
<p>The <b>England Illegal Money Lending Team</b> is running a cartoon competition for parents and children. Help Percy the Penguin keep his money and family safe.</p>	<p><a href="#">Percy the Penguin</a></p>
<p>Advice from Parentinfo about <b>birthdays and other celebrations</b> in these circumstances; how it's important that children aren't left feeling like their lives have been put on hold.</p>	<p><a href="https://parentinfo.org/article/how-to-celebrate-special-occasions-during-lockdown">https://parentinfo.org/article/how-to-celebrate-special-occasions-during-lockdown</a></p>
<p>Two new <b>Parent Info</b> articles look at some of the things parents and carers should think about to make sure their child's experience of video chat is safe and fun</p>	<p><a href="#">Video Chatting: Primary</a> <a href="#">Video Chatting: Secondary</a></p>
<p><b>ThinkuKnow</b> have produced third <b>#OnlineSafetyAtHome</b> with new activities for parents and carers to use at home.</p>	<p><a href="#">Think You Know Parent Support Pack</a></p>
<p>Children get lots of internet safety information at school: it's a legal requirement. So how can parents back up the usual information and guidance? <b>Parent Zone</b> have produced this useful guidance.</p>	<p><a href="#">Parent Zone - What schools normally tell children</a></p>
<p>The <b>2.6 Challenge</b> will launch on Sunday 26 April – what should have been the date of the 40th London Marathon. UK Charities are asking you to take part in an activity of your choice based around the numbers 2.6 or 26 and fundraise or donate to support UK Charities.</p>	<p><a href="https://www.twopointsixchallenge.co.uk/">https://www.twopointsixchallenge.co.uk/</a></p>
<p>If you would like to promote services or information in this newsletter or share a good news story, please contact the team.</p>	<p>Parent Support Team <a href="mailto:parent_support@sandwell.gov.uk">parent_support@sandwell.gov.uk</a></p>